

Books for Adolescents

Asking about Sex and Growing Up

by Joanna Cole

The Care & keeping of You: The Body Book for Girls

by Schaefer

Caution: Do Not Open Until Puberty!

An Introduction to Sexuality for Young Adults with Disabilities

by Rick Enright, B.A. M.S.W.

Changes in You and Me: a Book about Puberty Mostly for Girls

by Bourgeois and Wolfish, M.D.

Changes in You and Me: a Book about Puberty Mostly for Boys

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Changing Bodies, Changing Lives:

A book for Teens on Sex and Relationships

Expanded 3rd Edition by Ruth Bell

Cool and Celibate? Sex and No Sex

by Dr. David Bull

Dating With Confidence: A Teen's Survival Guide

by Jacqueline Jarosz

Deal With It ! A Whole New Approach to Your Body, Brain and Life as a Girl

by Drill, McDonald, and Odes

Dear Larissa: Sexuality Education for Girls

Ages 11-17 by Cynthia Akagi

Dear Larissa: Sexuality Education for Boys

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Dr Ruth Talks to Kids

by Dr. Ruth Westheimer

Easy for You to Say: Q&As for Teens Living with Chronic Illness or Disability

by Kaufman

Finding Our Way: The Teen Girls Survival Guide

by Abner and Villarosa

Finding Your Way: A Book about Sexual Ethics

by Terkel

Girltalk: All the Stuff Your Sister Never Told You

by Carol Weston

The Go Ask Alice Book of Answers: A Guide to Good Physical, Sexual and Emotional Health

by Columbia University's Health Education Program

How Sex Works

by Fenwic and Walker

"I'm Pregnant, Now What Do I Do?"

by Buckingham, Ph.D. and derby, R.N. M.P.H

Safe and in Charge

by Mavis Jukes

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In Your Face: Stories from the Lives of Queer Youth

by Mary L.Gray

It's a Girl Thing: How to Stay Healthy, Its Perfectly Normal: Changing Bodies, Sex and Sexual Health

by Robie Harris

Like It Is: A Teen Sex Guide

by Lieberman M.D and Troccoli, M.P.H.

My Body, My Self for Boys: for Preteens and Teens

by Madaras and Madaras

My Body, My Self for Girls: for Preteens and Teens

by Madaras and Madaras

Out with It:Gay and Straight Teens Write about Homosexuality

by Youth Communication

Period. A Girls Guide

by Loulan and Worthen

The Period book: Everything You Don't Want to Ask

by Gravelle and Gravelle

RealGirl, Real World: Tools for Finding Your True Self

by Gray and Phillips

The Seventeen Guide to Sex and Your Body

by Solin and Elbirt

Sex Ed: Growing Up Relationships and Sex

by Dr. Miriam Stoppard

Smart Sex

by Vitkus and Ingall

The Teen Body Book: A Guide to Your Changing Body

by Lewellen

The Teen Trip

by Gayle Kimball, Ph.D.

The Teenage Guy's Survival Guide

by Daldry

The Watts Teen Health Dictionary

by Charlotte Isler, R.N. and Alwyn Cohall, M.D.

What If Someone I Know Is Gay?

by Eric Marcus

What's Happening to Me?

by Peter Mayle

Whats Happening to My Body: Book for Boys:

A Growing-up Guide for Parents and Sons

3rd Edition by Lynda Madaras

Whats Happening to My Body: Book for Girls:

A Growing-up Guide for Parents and Daughters

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A Young Womans Survival Guide: Kickin Back

With the Girls 2nd Health Initiatives for Youth

Your Body: The Girls Guide

By Janis Brody

Your Body Yourself: A Guide to Your Changing Body

by Bell and Rooney, M.D.

You're in Charge: A Teenage Girls Guide to Sex and Her Body by Niels Lauersen, M.D., P.h.D.

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